

# PM Snack Menu (April 2024)



Taste Our Exciting New Items!

MON	TUE	WED	THU	FRI
1	2	3	4	5
Ritz Butter Round Crackers & Cheddar Cheese <b>Ritz Crackers</b> (WGR)	Cheese Crackers & Fruit (WGR) Cheese Crackers Fruit	Apple Slices , Sun Butter Apple Slices Sunbutter	Soft Pretzel and Cheese (WGR) Pretzels Cheese	Turkey and Cheddar Wraps (WGR) Turkey and Cheddar Wraps
8	9	10	11	12
Whole Grain Strawberry Cracker & Fruit (WGR)^ WGR Strawberry Cracker, Fruit	Tortilla Chips & Salsa	Apple Slices with Mozzarella Cheese Apple Slices Cheese	Whole Wheat Cracker & Apple Sauce (WGR) Whole Wheat Cracker Apple Sauce	Pita Bread and Hummus (WGR)
15	16	17	18	19
Ritz Butter Round Crackers & Cheddar Cheese <b>Ritz Crackers</b> (WGR)	Cheese Crackers & Fruit (WGR)^ Cheese Crackers Fruit	Apple Slices, Sun Butter Apple Slices Sunbutter	Soft Pretzel and Cheese (WGR) Pretzels Cheese	Turkey and Cheddar Wraps (WGR) Turkey and Cheddar Wraps
22	23	24	25	26
Whole Grain Strawberry Cracker & Fruit (WGR)^ WGR Strawberry Cracker, Fruit	Tortilla Chips & Salsa	Apple Slices with Mozzarella Cheese Apple Slices Cheese	Whole Wheat Cracker & Apple Sauce (WGR) Whole Wheat Cracker Apple Sauce	Pita Bread and Hummus (WGR)
29	30			
Ritz Butter Round Crackers & Cheddar Cheese <b>Ritz Crackers</b> (WGR)	Cheese Crackers & Fruit (WGR)^ Cheese Crackers Fruit			

## Pre-School Serving Sizes

Meat 2.0 oz Grains 1-2 oz Bread 1/2 slice Vegetables 1/4 cup Fruit 1/4 cup

## Grade - High School Serving Sizes

Meat 2.5 oz Grains 2-3 oz Bread 1 slice Vegetables 3/4 cup Fruit 3/4 cup

## Dairy Free (DF) Gluten Free (GF) Soy Free (SF)

Veggie inside entree marked with (\*)

Items marked with ^ contain Allergens. See ingredient list for detail

The main grain component in each meal are "WGR" - Whole Grain Rich